

# Sancta Sophia Seminary



SANCTA SOPHIA SEMINARY

11 Summit Ridge Dr.  
Tahlequah, OK 74464

[www.sanctasophia.org](http://www.sanctasophia.org)

800.386.7161

918.456.3421

[information@sanctasophia.org](mailto:information@sanctasophia.org)

## Class Schedule 2011

# A Message from the Dean of Sancta Sophia, Rev. Dr. Susan Hamilton

According to the ancient teachings, the purpose of each individual life is to learn and to serve. We are to learn life lessons, skills, and compassion, then we are to use what we have learned in service to others on their journey of discovery and fulfillment of "The Plan". Sancta Sophia Seminary offers courses to nurture both our individual spiritual growth and our ability to serve God's higher calling.

The schedule of classes for 2011 includes our basic, or foundation courses, as well as a number of opportunities for advanced studies and experiences. We seek to support the ongoing growth of students new to Sancta Sophia, as well as those who have followed our courses over the years. To that end, we have several returning teachers and some new faculty to facilitate classes leading to greater self-understanding and evolving consciousness as well as classes which focus on bringing healing to our communities. You'll also find courses to challenge your theological perspective and expand your astrological awareness. Classes which engage both mind and heart are important to develop love-wisdom which is the keynote of this new era. We are also happy to present Dean Emeritus, Carol E. Parrish, teaching some special classes.

As the new Dean of Sancta Sophia, I look forward to meeting you on campus and discussing your own path of study. Our Sparrow Hawk Community welcomes you as we sojourn together in these transitioning times. We hope you will be excited about our 2011 classes and come for a visit soon!



*Rev. Dr. Susan Hamilton has a rich and diverse background of experience that uniquely qualifies her to move Sancta Sophia forward into the future while still retaining the vital essence of the ageless wisdom anchored in its curriculum.*

*Susan began her formal education with a Bachelor of Science in Psychology from California State University, Los Angeles. After her mother, Dr. Betty Carper, moved to Sparrow Hawk Village, Susan visited the village many times and was guided to begin studies at Sancta Sophia. She was ordained through Light of Christ Community Church in 1992.*

*Three years later, as a member of the International Council of Community Churches, Rev. Hamilton was called to pastoral ministry by Parkside Community Church - UCC. For fifteen years she has served that congregation with creative worship and educational leadership. Realizing the need to bridge traditional Christianity with interfaith and esoteric perspectives received at Sancta Sophia, she completed a Masters of Divinity at San Francisco Theological Seminary, in 1999. That same year, the United Church of Christ granted her full ministerial standing.*

*Dedication to enthusiastic, insightful, and dynamic teaching as a means of nurturing a soul's spiritual journey in life eventually lead Dr. Hamilton to attain a Doctorate of Ministry from San Francisco Theological Seminary. Reflecting her deep-rooted esoteric interests, her Doctoral dissertation was titled, "Seeking Sophia - Discovering the Holy Feminine."*

## **Sancta Sophia Seminary offers a distinctive approach to transformation.**

Envisioning a life of hope, love and service, each student prepares to be a modern Light Worker through professional preparation. Sancta Sophia, established in 1977 by Carol E. Parrish, is located in the spiritual setting of Sparrow Hawk Village in the foothills of the Ozarks outside Tahlequah, Oklahoma. Guests are always welcome to the Seminary, which is open to all who seek personal growth, various certifications, or ordination. Our ordinations are endorsed by the International Council of Community Churches, in cooperation with Churches Uniting in Christ.

A transformative process is designed for each student, combining on-campus and home study, meditation, and projects. The unique spiritual-mentor relationship reflects the archetypal student-teacher bond in a contemporary format.

**Sparrow Hawk Village**, an intentional spiritual community, was established in 1981. It is nestled among 440 acres of gently rolling Ozark forest filled with abundant wildlife and natural, serene beauty. Organic community gardens, orchards, horse pastures, hiking trails, springs, and over a mile of river frontage, bordered by 700 acres of primitive state forest, significantly add to the quality of life.

# TABLE OF CONTENTS

- 1.....Message From Dean Susan Hamilton
- 1.....Sancta Sophia/Sparrow Hawk Village
- 2.....Spring Schedule
- 5.....Summer Schedule
- 9.....Fall Schedule
- 12....How To Register for Classes
- 12....A Structured Experience & Programs
- 14....Instructor Biographies



## SPRING SESSION 2011

(see Instructor Bios in back)

**All classes, workshops and events are open to everyone. Enrollment in a formal program is not required to attend. Take any classes that look interesting to you!**

**February 14 -18**

**Understanding Our Moment in History: Our Purpose and Our Responsibility**

Monday – Friday, AM & PM

**Risa D'Angeles and Alexis Harvey**

As we study, learn, collaborate, review, read, research, cook and eat together from early morning to late at night, we create a model of the new Aquarian community, a template for the new culture and civilization. Through studying the history of humanity's development, we will formulate an understanding of the present and future, the new kingdom being born, and humanity's destined responsibility to the other kingdoms.

Some subjects introduced: Alice Bailey and the Tibetan; Esotericism as Relationship; Astrology, Personality, Soul; The Rays; Building the Antahkarana; Meditation; New Aquarian Age Laws and Principles; Service; Findhorn, Transition Town, Sustainability; The New Materiality; and Education in the New Age.

*Needed for class: Natal chart, colored pens, paper, notebooks to create an Esoteric Journal and Glossary.*

*\$350/375 (includes three healthy meals per day)*

**February 21-25**

**GRADUATE PROGRAM TRIMESTER I: CHRISTIAN THEOLOGY**

**The Emerging Progressive Theology**

Monday – Friday, AM

**Rev. Susan Hamilton**

The work of John Dominic Crossan and Marcus Borg offers us a way to embrace both mainline Christianity and the ancient esoteric teachings of spirituality in an authentic way. With "Progressive Theology" we no longer have to choose one over the other, but can learn to integrate and articulate our personal journey of transformation along with our outward service in transforming the world. Explore the social, political, and historical world of ancient Palestine and engage with biblical texts, discovering their application to our times. With many becoming increasingly uncomfortable using the label of "Christian", this week will offer a new perspective on one's commitment to being a disciple of Christ serving God's plan on earth. Resources for further reading and adult study groups will be provided.

\$300/500 Graduate students

*This course is open to non-graduate students for \$300 and also includes two optional afternoon sessions with the instructor.*

**March 4-6**

**5 Rhythms Waves Danceshop; Planetary Gong Journey**

**Friday - Sunday Workshop; Sunday Evening Gong Journey**

**Visudha de los Santos**

Gabrielle Roth's 5 Rhythms™ is a practice; a meditation of listening to and moving our bodies in order to deepen our awareness and transform our lives. Powerfully and simply, the rhythms help us to be fully embodied, and to manifest the essential selves. At its most basic level this is a physical practice of moving the body through a 'Wave', in which we explore five distinct rhythms. Awakening the body, heart and spirit, we release our minds into trust, and the flowing state. In this way we remember our own natural rhythms, and engage life more authentically. Being based in the infinite wisdom of our bodies, there are no steps to learn. No dance experience is necessary.

*Dance - a metaphor for life.*

*Sun. night: "Gong Journey": Using planetary gongs, transformational healing waves of sound are created that will soothe, inspire and heal your spirit.*

\$160 workshop /\$25 Gong Journey

**March 14-18**

**Three Spring Festivals and Nine Successive Solar Festivals – Invitations to Create the New World**

Monday - Friday, AM &PM

**Risa D'Angeles and Alexis Harvey**

Our daily studies begin with knowledge of what is occurring astrologically and then deepen into the essential (esoteric) understandings of the purpose and service behind the full moon solar festivals, beginning with the Three Spring Festivals (Aries, Taurus, Gemini). Solar festivals (full moons) are points of crisis, times of spiritual impact for humanity that bring forth the new template, creating the new world. Through study, visualization, mantrams, and seed thoughts, we will develop an astrological and esoteric sensitivity and understanding of the new/full moon energies. The Hierarchy has called humanity and New Group of World Servers to assist them during these times. Our class is a response as we establish rhythms of intention, align humanity with Hierarchy and Shamballa, and make contact - heart to heart, Soul to soul, star to star.

*Needed for class:*

*Natal chart, colored pens, paper, notebooks to create an Esoteric Journal and Glossary*

\$250/275

**March 21**  
**Ordination Service Monday, 4 p.m.**  
**Light of Christ Community Church**  
**SparrowHawk Village**  
**All are welcome!**

**Sancta Sophia Seminary**

**Sancta Sophia is the educational institute for Light of Christ Community Church.**

**Nota Bene:** Continuing Education Units have been applied for from Oklahoma LPC, LMFT, CADC, Social Workers and Nurses for some classes and workshops. Add \$10 to your registration fee for processing. Designated class descriptions are followed by " CEU's Available."

The information in this bulletin was complete at the time of printing, but changes may occur. It is ultimately the student's responsibility to stay abreast of current regulations, curricula, and the status of the specific program being pursued.

**Nondiscrimination**

Sancta Sophia Seminary employs, admits, advances, and treats in its employment and education programs all people without regard to race, color, national or ethnic origin, gender, sexual orientation, age, religion, handicap, or status as a veteran.

**Accreditation**

Sancta Sophia Seminary is accredited through Accrediting Commission International, Inc., and this accreditation assures conformity to national norms and procedures required for the provision of a religious or spiritually oriented education. This accreditation, however, is not recognized by the U.S Department of Education and does not enable students to obtain educational loans from the U.S. Government. Credits received from Sancta Sophia Seminary enable students to work towards advanced degrees in spiritual studies through our program; these credits may or may not transfer to another institution.

**March 21-25**

**The Hidden Forces of Life**

Monday - Friday, AM &PM

**Dr. Brenda Cutrell**

In order to effectively serve in the world as followers of the Light, we need to enter into the Mystery. Our focus is That which is Unknown. With this as our anchor point, we study the hidden and occult forces of life within which we live and where we give of ourselves. To draw closer to that Unknown, we need to transcend the mind and move into the depths of the occult life. We live within a play of forces that governs all of life. We must learn to recognize the differences between energies on the intermediary planes of existence, moving without fear on our path.

This class explores many avenues and looks to trigger inner discoveries in class participants. Both Bailey and Trigueirinho material is used.

\$250/275

**April 4-8**

**2012: How to Face Prophecies and Predictions**

Monday-Friday, AM

**Revs. Carol E. Parrish and Jesse Garnee**

We have heard many dire words over the years, yet we also hear promises of a "thousand years of peace"; a more enlightened humanity; and the richness of Masters returning. Humanity will embrace new friendship with the other kingdoms. What lies ahead? Earth changes, weather of a fierce nature, the predictions of the bible and other topics are included. What are the real keys to the future? Let's review the boldness of many: Edgar Cayce, Atlantis, Mu, The Maya, Moira Timms, and Nostradamus. What should we believe?

Come looking for a new way to perceive these difficult subjects and ready to find a positive way to face the future.

**April 4-8**

**Healing Self and Others**

Monday-Friday, PM

**Revs. Jesse Garnee and Carol E. Parrish**

Through a HOLISTIC approach we can discover new and old ways to be kind to our physical, emotional, mental, spiritual, etheric, and astral bodies. When we better understand how to heal ourselves, we can become better channels, helping others with their particular needs. We will explore ancient and modern ideas about these gifts to humanity and how to incorporate them into our lives so we can heal ourselves and those around us and become a positive influence on our environment. We will tap into the ideas of Edgar Cayce, Norman Walker, Bernard Jensen, Shakti Gawain, Louise Hay, Dick Sutphen and others who devoted their lives to providing us road maps and recipes to good health and joy on all levels.

\$250/275 (includes both morning and afternoon classes)

**April 11-15**

**Hidden Wisdom of the Christ Message**

Monday - Friday, AM &PM

**Revs. Dr. Susan Hamilton and Retha Banez**

Jesus, the Christ (the 'anointed one') brought to his people "good news". The impact of that good news has endured for eons and is still relevant today because the message is universal for our soul's journey. Team teachers this week will bring a fresh perspective, without dogma, on the Gospels and the ministry of Jesus. Together we'll explore the cultural setting of ancient Israel, the teachings and healing ministry of Jesus, and the esoteric meaning of his message: the "kingdom of God is within". Topics this week include introduction to the Gospels, the Christ/Sophia construct, multiple interpretations of the teaching parables, the Water and Fire Mysteries, Q&A processing time to pull it all together, and much more.

*A must for ordination candidates and ministers looking for a refresher course.*

\$250/275

**April 15 & 16**

**Hour by Hour...Find Divine Power**

Friday and Saturday Workshop

**Rev. Tom Simota**

The Liturgy of the Hours (also known as the Divine Office) is one of the richest single prayer resources of the Christian Church. It provides prayers, psalms, and meditation for every hour of every day. It has existed from the earliest times, to fulfill the Lord's command to "pray without ceasing." In this workshop we shall explore the ancient liturgical canonical hours with both a traditional and an esoteric focus. Participants will have the opportunity to experience the prayerful application of the "hours" and discover ways to incorporate this devotion (and esoteric adaptations) with their existing spiritual practice. Workshop concludes with an esoteric benediction ceremony.

\$75

**April 18-22**

**The Bible and Comparative World Scriptures**

Monday - Friday, AM &PM

**Revs. Susan Hamilton and Mark Throckmorton**

Three major world religions share a common scripture in the 1st (Old) Testament. The foundation of our world view, literature, and faith is embedded in the ancient myths of the Torah, Prophets, Psalms and Proverbs. Underneath the traditional and doctrinal interpretations lie important inner truths for our spiritual journey, and the 100 names for God are grounded in these texts. These were the treasured and formative stories of King David, Master Jesus, and Mohammed which speak to us of the ancient truths in the incarnation cycle. Together with the team of teachers you will discover soul path archetypes such as redeeming the promise, returning from exile, deliverance to freedom, creating reconciliation, and becoming 'sacred' through sacrifice.

*Great class for ordination candidates and ministers interested in learning more.*

\$250/275

**April 28-30**

**Self-Care: Introduction to the TARA Approach:  
Tools for Awakening Resources and Awareness**

Thursday – Saturday Workshop

**Annie Guzman, RN**

We are energetic beings! Our overdependence on rational thought and language has obscured our natural ability to sense the flow of energy. We can regain a full awareness of the energetic bridge which links the body and the mind. Take advantage of this opportunity to begin the journey of understanding our body's wisdom by intimately getting to know the very temple which contains our every truth. Participants will learn to locate and vitalize twenty-six bioelectric sites along the meridian lines, differentiate shock from trauma, distinguish sympathetic activation from parasympathetic activation, and treat self and others with energy medicine for a broad spectrum of needs.

*CEU's pending*

\$250



~~~~~**SUMMER SESSION 2011**~~~~~

(see Instructor Bios in back)

**May 1-7**

**Living The Qabalah: A Six Day Experiential Offering**

Sunday-Saturday

**Carole Stephenson-Snell**

"Qabalah" means "to receive," and actually Living the Qabalah means "receiving" 24-7. Master Jesus mysteriously promised, "All these things ye shall do, and greater still." Does His promise baffle us? Not if we understand that we ARE the Mystery and journey within to unveil the promise. The Tree of Life assists us to plumb our depths and, together, expand the portal of group consciousness. Through social-silence for focused reception, Qabalistic transmissions, and by altering states of consciousness at will, this experience takes Ageless Wisdom all the way to the bone. Transformation begins with like-minded people intending that "all may be lifted" by their group work. We will study and eat and grow together as we Live the Qabalah. Only Good-Will Required.

*Materials to bring: new journal*

\$300/325

**May 13 – 14**

**Esoteric Secrets: Eros, Sexuality, and Love Workshop**

Friday May 13, 7:00 pm and Sat, May 14, 10am – 4pm

**Rev. Carol E. Parrish**

Gain an enriched understanding of this powerful part of human life that few grasp. Esoteric ideas challenge us to look at our personal relationships as we expand our awareness to our more intimate nature. Words such as Eros, Passion, Sex, Attraction and Love have very different meanings as they are used esoterically. What are their functions? Each of us faces change and adjustment as we discover Love to hold new meaning and greater value.

Awakening to the higher work, we will explore the masculine-feminine balance, the power of mating, sexual disciplines, and why they have value. In addition, we will find new keys to healthy relationships.

\$125

**May 16 - 20**

**GRADUATE PROGRAM TRIMESTER II: Technologies for Spiritual Emergence**

**Renewal and Revitalization for Body-Mind-Spirit**

Monday – Friday, AM

**Rev. Margaret Stephens**

Humanity has evolved its identity from that of an unconscious member of the collective attuned to the tribal consciousness of the Root Chakra to that of a separate entity, a personality attuned to the consciousness of the Solar Plexus. As we take our next evolutionary step and begin to make the shift, individually and collectively, from attunement to the consciousness of the Solar Plexus to resonant attunement to the Heart Center, we become increasingly aware that we are no longer comforted, no longer relaxed, no longer rejuvenated by many of the familiar tools and techniques. We ask ourselves: Why? This used to work. What am I doing wrong?

As we strive to anchor our consciousness in the true Heart Center, we begin to realize that renewal and revitalization is no longer an individual process. It is only through our inner group connection that personality is truly revitalized. Join us this week and learn how renewed purpose – and courage – and some of our familiar tools can help us become the technology that will lead us, as individuals and as a collective, to our next evolutionary step: I AM THAT I AM.

\$300/500 Graduate students

*This course is open to non-graduate students for \$300. Optional afternoon/evening healing or intuitive appointments can be scheduled separately.*

**May 19-20**

**Relax and Renew - Yoga Nidra.**

Thurs. and Fri. afternoons

**Rev. Tom Simota**

Be guided into a very deep state of yogic sleep named Yoga Nidra. This ancient, restorative practice is known for allowing your mind to enter an alpha wave state which is more rest-producing than regular sleep. One hour of this practice is equivalent to four hours of regular sleep. We will discuss the basics/styles of Yoga Nidra, continue with some gentle yoga (please wear loose-fitting clothes) and then actually experience Yoga Nidra. Join us and get replenished!

*(Included in Grad week fee)*

**May 23 – 27**

**Change - A Universal Constant**

Monday – Friday, AM & PM

**Rev. Rachael Salley**

If we are here to give birth to our 'Real Selves', then how do we skillfully maintain our balance and integrity while maneuvering our consciousness through life, our spiritual "birth canal"? How can we develop the ability to instigate positive and powerful adjustments that lead to mastery and enlightenment, rather than being dragged under by currents of negativity and discouragement? With clarity, we can be in charge of our lives and our lessons, helping us to emerge re-born by finding joy in the change, not worry.

Discuss with this renowned British medium how the many changes in this new century and new decade can be a conduit for the new humanity. It is easy to fear change; however, welcoming change is welcoming life.

*During the week, Rachael Salley will offer a group reading session at an additional fee.*

\$250/275

## June 3 – 5

### Cleansing the Temple – A Path of Purification

Friday – Sunday

**Deb Dise and Scherrill McNutt**

Join us as we explore and learn how to best cleanse and purify our physical body, our Temple of Expression. Learn about the benefits of Colon Hydrotherapy and how this sophisticated technology can be a kick start in achieving optimal health.

Find out what specific natural herbs and supplements support our digestion and elimination process. Learn how to work with and stimulate our body's own natural ability to create balance and a heightened sense of well-being. Participate in creating easy raw food snacks and learn about the top 20 foods that support and transform our health with the power of living nutrients. (Lots and lots of recipes!)

\$150

## June 6 - 11 Healing Techniques Week

### Healing Touch Program Level I Class

Monday – Friday, AM

**Linda E. Smith**

Healing Touch is an energy therapy in which practitioners consciously use their hands in a heart-centered and intentional way to support and facilitate physical, emotional, mental and spiritual health and healing.

Healing Touch is used extensively in the nursing profession and is also open to all health care and allied professionals. Non-health care related individuals are welcome to attend the class.

*(18 Continuing Education contact hours are provided for Nurses and Massage Therapists)*

## June 6 - 7

### Bowl Workshop

Mon. night and Tues. afternoon

**Rev. Ken Zeyher**

This class will give a historical background of how bowls were made and used by the Tibetans. It will be experiential as well. Students will learn to play and use the bowls for stress relief and relaxation. This will include practice giving energy balancing sessions.

## June 10-11

### Natural Eyesight Improvement

Friday afternoon and Saturday

**Roseanne Hutchinson**

When we learn to easily incorporate good vision habits into a daily routine, depth and color perception is enhanced and the healthy vision that we once knew can return with resplendent vibrancy. Such is the belief and practice of Thomas R. Quakenbush, one of the world's leading experts in the field of natural eyesight improvement. Roseanne shares her expertise of Quakenbush's methods for natural eyesight improvement. Included will be scientific and anatomical information, vision habits that keep eyesight clear, eye relaxation, visualization, and movement activities along with how to read and work on the computer without eye strain. Be prepared to enjoy clearer vision.

*CEU's pending*

\$275/300

*(Price includes all three classes, June 6-11, and Healing Touch workbook)*

## June 17 - 18

### INNER-gy Touch--the energetic approach to Spiritual Psychology

Friday and Saturday

**Linda McCoy Summer**

Nothing can harm us unless we allow it. No one "pushes our buttons;" we do it to ourselves. We are held captive by our reactive subconscious belief system unless we decide differently.

In the early 90's, inwardly directed, Linda developed a simple healing system she calls INNER-gy Touch to begin freeing herself and clients of painful mental/emotional reactions such as anger or jealousy.

In this highly interactive workshop, learn to identify the emotional cause behind challenging situations—health, relationships, childhood traumas, etc. By learning to read the body's energy field using muscle testing and the Chinese Five Elements, the mental/emotional body is cleared of the negative energy. (Manual provided.)

\$125

**June 20 - 25**

**Counseling Techniques for Personal Transformation**

Monday – Saturday

**Revs. Sue Van Dyke, Helen Weiser and Charlotte Hullinger**

These important six days with specially chosen staff are dedicated to the nurturing and growth of each individual. Participants are exposed to a rainbow of psycho-spiritual therapies and techniques: dream analysis, regression therapy, emotional empowerment, family sculpting and other approaches to renewal, balance, and wholeness. Each participant receives both private and group counseling.

A significant component of the Seminary's Foundation of Spirituality program, this week is required for Practitioner and Psychography certification.

DEPOSIT REQUIRED THREE WEEKS BEFORE CLASS to reserve your position and ensure proper planning.

*CEU's Pending.*

\$650/700

*Price for this six day course includes housing, meals, and program.*

**July 6 – 10**

**The Science of Impression and Its Public Expression**

Wednesday – Sunday

**Revs. Katherine Zakutansky and Tom Simota**

This is an advanced course in Intuitive Development. Introduced in the Bailey materials as the basis of all telepathic intuitive work, the study begins with the concepts of Contact and Impact. Once acquainted with the scientific and occult basis for the work, we explore the concept of group mind and the many practical applications of intuitive skill, including past life and public work. The final phase will center around what is next – preparing ourselves for the next step in the evolution of human consciousness – the 5th Dimension, or preparation for the Light Body. Join us for a highly experiential, joy filled expression of the Science of Impression.

Prerequisites: Intuitive I and II

\$215/240

**July 12 - 15**

**Music and the Evolving Consciousness**

Tuesday – Friday, AM and PM

**Rev. Roberta Wilkes**

Since at least the time of the ancient Greeks, philosophers have recognized the connection between the Universe and music. Modern physicists and other intellectual giants have posited theories of creation which recognize the importance of vibration, color and sound. Humanity's experience with music has changed as consciousness has evolved, allowing us to hear music as it becomes ever more sophisticated, brought into our physical surroundings by Master Musicians and composers. This class will explore the contribution of these composers and their music. And will allow you to explore your own ability to add to the expansion of consciousness. There is a place for non-musicians and trained musicians alike in this class.

*Participants will need to have a personal CD player available.*

\$215/240

*(plus required CD)*

**July 18 - 22**

**Higher Self Astrology I: Astrology Basics - Nuts and Bolts**

Monday – Friday, AM & PM

**Dennis Acree**

Astrology is a useful tool for illuminating the Soul's Path and discovering a vision of one's place within the whole in this lifetime. The Seeker will find that astrological symbolism helps to intensify one's own self-awareness as we learn that the force behind the movement of the planets is the same force that moves each of us. Those who complete this class will learn the basic principles of Astrology that will prepare one for further accelerated study of the Divine Science. This is a prerequisite to Intermediate Astrology and higher level Astrology classes including Esoteric Astrology and Evolutionary Astrology that are offered in alternate years.

\$250/275

**July 25 – 29**

**Higher Self Astrology III: Evolutionary Astrology**

Monday – Friday, AM & PM

**Dennis Acree**

This new course was developed for students who are studying at an intermediate level. Utilizing the signs, houses and planets as well as the techniques of Transits and Progressions, the seeker is ready to explore the specialized topic of Evolutionary Astrology. Our birth chart is our road map to increasing awareness, allowing us to observe the dramas of the ego; absorbing them reflectively; and then distilling them into Wisdom. Multiple techniques for getting in touch with the Soul behind the chart will be introduced and then applied to the charts of famous people and the charts of students who are willing to share them. Students are invited to bring charts of friends and family for study and reflection. Ample time will be given to the application of evolutionary techniques.

*Pre-requisite: Since students are expected to know the basics including the glyphs and key words, there is a prerequisite of both Higher Self Astrology Classes I and II. However, long-time students of Astrology who have not taken Dennis' courses may apply for this class by submitting to the Registrar a description of the classes you have taken and the books you have read; along with your experience in Astrology. Dennis reserves the right to redirect applicants to previous level of study.*

\$250/275

# FALL SESSION 2011

(see Instructor Bios in back)

**Aug. 4-6**

## **Spirituality of the Mature Masculine: An Exploration of Archetypes**

Thursday-Saturday

**Rev. Mark Throckmorton**

Men struggle to find and inhabit a 21st Century masculinity. When women become spiritually opened and empowered, many men fear they are losing the last bastion of traditional male superiority: the "right to rule" that they have learned is granted by God, supported in sacred texts, or bolstered by their long exposure to dichotomies of male-female roles.

This class explores the four archetypes of the "Mature Masculine" set forth by Robert Moore and Douglas Gillette's *King, Warrior, Magician, Lover*, outlining the journey into these four "man psychologies" from immature "boy psychologies". This journey can lead men to a masculinity that is powerful, while not controlling; supportive and nurturing, while not passive; and balances, complements, and even energizes the archetypes of feminine spirituality and power.

\$150

**August 8 – 12**

## **Beyond the World of Soul**

Monday – Friday, AM & PM

**Rev. Margaret Stephens**

This advanced Spiritual Science class examines, from the perspective of Soul and beyond, what it means to be human and to be a disciple in each of the Worlds: the Material World, the Subtle World, and the Fiery World. An in-depth exploration of the purpose of increased sensitivity; of service; and of the Law of Sacrifice is an important part of class content. Bring your questions as we explore and experience together and thus create our Path to the Future.

\$250/275

**August 13**

## **The Great Invocation: Mantra of Power**

Saturday Workshop, 10AM – 4PM

**Rev. Steve Chase**

"The Great Invocation is a prayer. It is humanity's prayer. It doesn't belong to any particular religion and no one can claim it as their personal creation."

(John Berges, *Sacred Vessel of the Mysteries: The Great Invocation*).

Translated into almost 70 languages and dialects, this is a powerful instrument to aid the Plan of God to manifest on Earth. Saying it is an act of service to humanity and the Christ. Come to this interactive workshop to explore this stirring prayer offered by the Tibetan through Alice Bailey. The meaning, purpose and implications of the Great Invocation will be shared with opportunities to personalize its approach in our everyday lives.

\$75

**August 20**

## **The Psychic You**

Saturday, Aug 20, 10AM -4PM

**Rev. Carol E. Parrish**

Let us play! This workshop is not for professionals, but for those ready for adventure. Consider finding amazing insights through guided fantasies, personal symbols, and the inner psychic awareness that lay hidden deep within.

This is a fun day of awakening to the powerful psychic forces that await your attention. We will explore your natural talent and find out about your own abilities. The basic self is a treasure chest awaiting its opening.

\$125

**August 22 – 27**

## **Psychography: Healing Memories, Past and Present Lifetimes**

Monday – Saturday, AM & PM

**Revs. Helen Weiser and Robert Willson**

Developed by the late Rev. Dr. Franklin Loehr, Psychography focuses on healing memories experienced in the present life or in previous ones. Psychography offers a beautiful blend of psychological and spiritual techniques to foster healing.

Using this non-hypnotic, altered state method, one discovers the core issues of the past which trigger reactions in the present. Then with the help of the "inner knower," that part in each human that is all knowing, healing is brought to the circumstances and souls involved.

Techniques will be shared through lecture and discussion, as well as through hands-on practice. All students will experience 10 sessions, trading off as client and therapist, thus preparing them to continue using the techniques upon completion of the class. Instructors will be on hand to guide participants as they learn.

*CEU's pending*

Note: Counseling week or its equivalent is required to qualify for the Psychography certificate; participants will receive 40 hours of credit towards certification.

*Price for this six day course includes housing, meals, and program.*

\$650/700

## September 3 - 4

### Enrich Your Foundation as You Journey from Ego to Authenticity

from noon Sat. to noon on Sun

**Carol E. Parrish and Russell Gillette**

Humanity faces three critical issues: addiction, sexual abuse, and rage and anger issues. All three can be cured by understanding love. Addiction is an emotional compulsive desire for any thrill, person or thing. Sexual abuse results in damages to the spirit of both the victim and the perpetrator. Rage and anger linger within as we struggle to keep them under control rather than bursting into pain and destruction.

In this growth workshop we will face our issues, discuss new foundations, explore ideas, and create our own Book of Reflections. With greater clarity we seek healing for ourselves and learn ways to support each other to achieve self-restraint, forgiveness, and self love.

\$125

## September 9 - 10

### Shamanic Journeying Workshop

Friday and Saturday

**Rev. Maryphyllis Horn**

Shamanic Journeying is the safest form of psychic development there is. In this workshop you contact your true angelic guides (spirit guides, power animals, spirit teachers) to ask them for nurturing, emotional and physical healing, protection and detailed guidance. Power animals give you the experience of being healed or provide beneficial end-results of their teaching. Spirit teachers obtain detailed answers from your Akashic Records. You feel and know that the aid is accurate. You gain tools for contacting them on your own at any time you choose, whether for yourself or for others. Successful communication and rapport with your spirit guides form the pre-requisite for advanced work. This is an experiential workshop.

\$150

## September 12 – 16

### GRADUATE PROGRAM TRIMESTER III: Science and Spirituality

## The Lotus Steps on the Path to Enlightenment

Monday – Friday, AM

**Donna Mitchell-Moniak**

The lotus has been a symbol for evolving consciousness for ages. Its purity, unfolding, and simple beauty well describe this. But the lotus also symbolizes spiritual wisdom born of emptiness. Thus the growth of the lotus describes humanity's amazing Path to Enlightenment. Donna will water the seeds of these subjects in hopes that your awakening is their bloom.

- 1: The Sciences of the Soul;
- 2: The Archetypes along the Spiritual Path, Looking for the Evidence of Ongoing Enlightenment;
- 3: The Sciences of Being;
- 4: C=Consciousness: A Radical Look at E=MC2, Quantum Mechanics, and the direct experience of non-duality;
- 5: Sunyata: Emptying Duality into Complementarity: A Modern Non-Doctrinal Path for a New Humanity.

\$300/500 Graduate students

*This course is open to non-graduate students for \$300 and also includes two optional sessions on Meditation\* with the instructor.*

\*Includes amazing things (too many to list) you might not know about meditation. Explore, expand, and experience.

Donna Mitchell-Moniak is the founder of Spirit Fire Meditative Retreat Center and is the source of the Practice of Living Awareness, a meditation practice that permeates one's life.

## September 17 – 18

### Three Faces of the Goddess

Saturday – Sunday Workshop

**Rev. Anne Smith, Jennifer Pryse, and Deb Dise**

Come be a part of our sacred community. Discover the Goddesses who are active in your life. Using guiding meditations and then discussions, we will learn about the triple Goddess: how She manifests as the maiden, mother and crone, (spending a session on each). We will discover and share how our own Goddesses have worked and are working in each of our lives. In this process we will discover areas within ourselves that need healing, and we will do rituals for healing the Goddess within. Finally we will commit ourselves to Service in light of our new understanding of the Sacred Feminine within each of us.

\$150

## September 22 - 24

### Symbology—the Unspoken Language

Thursday – Saturday

**Rev. Katie Ann Hillelson**

We live in a sea of symbols, from company logos and letters of the alphabet, to the artwork we display in our homes. Our five senses are very familiar with this 'language', and use it daily, to communicate concepts and feelings. However, do these things we take for granted have an esoteric origin, waiting to be discovered? Beyond our outer world lies a Divine Language known as Sacred Geometry. Join Rev. Katie Ann Hillelson in this experiential class as she shares her passion for this subject. Allow yourself to discover the secrets of the Flower of Life—the basic creation pattern of the Universe. Learn how we use Sacred Geometry in our daily lives as well as its use as a tool for transformation.

\$175

**September 26 – 30**

**Spiritual Healing in Our Time and Triage for Spiritual Emergencies**

Monday – Friday, AM & PM

**Dr. Carol E. Beyer**

**Spiritual Healing:** New states of consciousness are rapidly being accessed in society today. As evolving humanity opens to a new healing consciousness, it will become healthier and more harmonious. Spiritual energies uplift physical matter, purifying and sanctifying our vehicles of expression. We will experience many soul-centered healing practices by addressing all levels of our being. As we heal ourselves, we heal the world.

**Triage:** Spiritual emergencies relate to the physical, emotional, and mental aspects of our nature that are being stimulated by the evolutionary forces within. The fiery energies of spirit transform us in ways not yet recognized by mainstream medicine. Recognition and assimilation of these powerful energies is the goal of the evolving human. We are learning to cooperate with these emergent forces as we grow in spiritual awareness.

*CEU's pending*

\$250/275

**Saturday, October 1**  
**Spiritual Arts Event at Sparrow Hawk Village**  
**Intuitive Reading and Healing sessions and much more!**

**October 3 – 7**

**Esoteric Insights into Spiritual Care for the Dying**

Monday – Friday, AM & PM

**Rev. Katherine James Klemstine**

Frequently in providing end of life care, it is necessary to view patients' distress from the perspective of spiritual care and important to assess the spiritual care needs of the dying person.

Intended for clinical care providers, spiritual care providers, and loved ones of those approaching end of life, this course includes an esoteric explanation of dying. Comparing the wisdom teachings of death and dying to the medical model allows those involved to gain new insights about the dying process. Thus, all concerned are able to form a more effective team as they strive to prepare terminally ill patients for a more peaceful death.

Through both lecture and experiential activities, course sessions also explore methods of being present to suffering, providing a compassionate spiritual presence to the dying, utilizing complementary healing therapies, establishing caregiver-patient boundaries, recognizing the need for self care, facing one's own mortality, and supporting the bereaved.

*CEU's pending*

\$250/275

**October 14 – 16**

**The Kingdom of Heaven Is Within—a Silent Retreat**

Friday – Sunday

**ben Worth**

Jesus regularly went apart from His disciples to be alone in the silence with God. He taught us by His example, that we can find the Kingdom of Heaven within - in the silence. This retreat will offer meditation techniques to quiet the mind, so that one can go within and rest in that silence. Attendees will meditate together for extended periods, from fifteen to forty-five minutes at a time. Through both lecture and experiential methods, you will be guided away from intellectualism and back to innocence, where you can enter the Kingdom as a child.

\$125

**October 18 –22**

**Figueira Retreat at Sancta Sophia**

Tuesday – Saturday, AM & PM

**David Cutrell and Resource Group**

The purpose of this retreat is to explore the principles of José Trigueirinho Netto's work and how we may apply them to our daily lives. The group will delve into the material and formulate questions for the resource people: Alan (Micha-El) Berkowitz, David Cutrell, Linda Summer, Brenda Cutrell, and Beatrice (Gran) Berkowitz. Time will be spent learning the mantras and listening to selected recent lectures about the current times. Participants will be asked to help with the food preparation. There will also be time for personal reflection and connecting with the natural beauty of SHV.

*Expenses for the retreat will be covered by spontaneous donations.*

**November 7 – 13**  
**LCCC 30th Annual Homecoming and Conference**  
\*\*\*\*\*  
**November 12**  
**ORDINATION SERVICE Saturday, 4 PM**  
  
Light of Christ Community Church  
Sparrow Hawk Village – all are welcome!

## How to Register for Classes and Workshops

**REGISTRATION:** Classes, workshops, and events are open to all, whether or not they are enrolled in a certification or degree program. To register, simply call or write the Registrar at 800-386-7161, 918-456-3421, registrar@sanctasophia.org or Sancta Sophia Seminary, 11 Summit Ridge Drive, Tahlequah, OK 74464.

**LOW CLASS FEES:** Most on-campus classes run from Monday through Friday. Except for a few special courses, fees are usually \$250 per week for enrolled seminarians and \$275 for others. Most classes are open to anyone interested, whether they are enrolled in a program or not.

**WORKSHOPS:** Sancta Sophia Seminary offers many one to three-day workshops on special subjects which are open to all. Fees range from \$75 to \$250.

**LIBRARY:** Sancta Sophia Seminary has an excellent metaphysical research library dedicated to mystical, spiritual, and personal development. Villagers and visiting students may check out books while in the Village. Non-students and non-residents may complete an application for library privileges. Enrolled students pay an annual \$60 library fee and may have books, tapes, and CD's mailed to them anywhere in the United States.

**SOPHIA'S NEST GIFTS AND BOOKSTORE:** Available on campus; by phone, 918.431.1872; at [www.sanctasophia.org](http://www.sanctasophia.org); or by email, [bookstore@sanctasophia.org](mailto:bookstore@sanctasophia.org).

**MEALS:** Healthy and fresh meals are available for a reasonable cost. Vegetarian selections are offered at every meal.

**HOUSING:** The Seminary has a small dormitory to offer students at reasonable rates. In addition, some homeowners in Sparrow Hawk Village have student accommodations (usually between \$20 and \$35 a night).

**TRANSPORTATION:** Sancta Sophia is a 75 mile drive from Tulsa International Airport to the west, as well as from Northwest Arkansas Regional Airport to the east. Both airports have connecting flights to most major cities in the United States. Nearby Tulsa, Muskogee, and Fayetteville have bus terminals. Villagers provide ground transportation to and from airports and bus terminals for \$60 each way.

## A Structured Experience

Certification in the basic Seminary program, Foundations of Spirituality, prepares individuals for lay ministry certification, called Practitioner. Diverse plans include certification as a Wellness Guide, Spiritual Mentor, Teacher of Esoteric Philosophy, or ordination through Light of Christ Community Church, with the endorsement of International Council of Community Churches.

**Students may enroll in the following programs at any time during the year:**

FOUNDATIONS OF SPIRITUALITY, or its equivalent, is a required component of all other programs. Upon successful completion of Foundations of Spirituality, students are qualified to receive LCCC lay ministry certification as a Practitioner. The program requires a minimum of eighteen months of study; successful completion of six foundational courses, and the endorsement of the student's advisor.

### Foundations of Spirituality Units/Courses:

- \* Christianity's Hidden Wisdom
- \* Pastoral Counseling
- \* Spiritual Healing and Spiritual Emergencies
- \* Esoteric Insights into Death and Dying
- \* Intuitive Development
- \* Training of the Initiate
- \* Ancient Wisdom
- \* Meditation I

Some credit may be given for previous study or experience. Programs are available at several Sophia Schools of Wisdom where classes for transfer credit may be taken. There are also courses for credit through Sophia Online.

### The Graduate Studies Program Model

Following Foundations of Spirituality certification or its equivalent, the program model is trimester and includes one class week of residency per trimester, in February, May and September.

### The Degree Plan

#### Masters

of Arts in Spirituality  
of Theology  
of Divinity  
of Arts in Holistic Wellness

#### Doctor

of Theology  
of Ministry

## Programs Certified by Light of Christ Community Church

\* Practitioner (Lay Minister)

\* Teacher of Esoteric Philosophy

\* Ordained Minister

**Practitioner** status is a legal certification for a personal ministry in spiritual counseling, spiritual healing, and teaching. Practitioners can also prepare to serve as eucharistic ministers.

**Teacher of Esoteric Philosophy** prepares one to teach tenets, objectives, and esoteric philosophy; to give spiritual counsel and spiritual assistance; and to administer the art of spiritual healing. Requirements include a minimum of twelve additional months of study after Practitioner certification.

**Ordination** prepares one to perform marriage ceremonies, baptism, burial and memorial services; to perform and administer spiritual healing; to teach tenets and objectives; and to give pastoral counsel and spiritual assistance to others.

Areas of study are consistent with those of the Esoteric Teacher, plus presentation of a sermon and officiating at a Sunday service.

### How to Apply for Seminary Programs

**EASY APPLICATION:** An applicant for enrollment in a Seminary program of study must submit a completed application form, with a non-refundable fee of \$75, to the Registrar. The application form and instructions can be found on the Seminary's web page at [www.sanctasophia.org](http://www.sanctasophia.org) or may be requested via email: [information@sanctasophia.org](mailto:information@sanctasophia.org) or by calling 1-800-386-7161 or 918-456-3421. Following a personal interview, the student will be assigned an advisor who will guide and assist the student's progress through the program.

Application may be made throughout the year. Study is self-paced and advances through a combination of on-campus classes, independent study, and practicum.

**AFFORDABLE TUITION:** Monthly tuition for enrolled students is \$150 to \$200, depending upon the certification or degree program.



## INSTRUCTOR BIOGRAPHIES

*Sancta Sophia Seminary instructors are specialists in their fields. Many are prominent speakers who integrate their spirituality into practice in a wide variety of occupations. The faculty shares their expertise in areas from esoteric Christianity and metaphysical studies to the ageless wisdom teachings, pastoral counseling, spiritual healing, and intuitive development. Many are Sancta Sophia Seminary graduates who are uniquely qualified to guide you. In addition, our teaching staff also includes well-known and highly regarded guest lecturers.*



**Dennis Acra**, founder of Higher Self Astrology, has studied and practiced astrology for more than 25 years. He believes that astrological symbolism provides a reference to personal and planetary evolution as we refocus from personality to the transpersonal. Grounded in the Ancient Wisdom teachings, Dennis loves Astrology which he presents with heartfelt enthusiasm and a dollop of fun. He holds a Master's degree in Public Health, a secondary school teaching certificate, and a Second Degree in The Radiance Technique. Dennis does personal chart readings and relationship readings with a focus on the evolutionary intent that is inherent in the moment of birth.

**Retha Banez, C. Ht., RMT**, ordained by LCCC in 2003, is co-pastor of Light of Christ Community Church. She has had a private practice for many years, providing services in Reiki, Esoteric Healing, Healing Touch, Psychography, Hypnotherapy, and Spiritual Mentoring. Retha's focus now is on providing services at LCCC, teaching, and studying through the Sancta Sophia Graduate Program to obtain her M. Div. degree. She is a life-long seeker in spiritual studies with a special love for rituals, sacraments, symbols in dream study and meditation, and healing. She is dedicated to the externalization of the Hierarchy through group work, study, and meditation.



**Carol Elizabeth Beyer, Ph.D., R.N.** has been a spiritual seeker since her introduction to Reiki healing in 1980. She was ordained by LCCC in 1991 and received her Ph.D. in Religious Studies at SSS in 2004. During this time, she developed a spiritual counseling and healing practice called Soul-Centered Therapy. Combining this counseling and healing practice with her experience as an RN, Carol brings to focus healing techniques that recognize the soul as primary to the personality. Her counseling work centers on those who are experiencing spiritual emergencies. Carol has also been an advisor for over 10 years to numerous students at SSS.



**Rev. Steven Chase** was introduced to The Great Invocation in 1991 through the Group for Creative Meditation program sponsored by Meditation Mount in Ojai, California. He continued his Meditation Mount studies while attending Sancta Sophia Seminary and was ordained in October of 2002. Rev. Chase has lived at Sparrow Hawk Village for the past ten years and participates regularly in services at Light of Christ Community Church. He has been involved in the World Service Meditation, based on the work of the Tibetan, for eight years.



**Rev. Brenda Cutrell** has been involved with spiritual disciplines and practices, both individual and group, since the early 1980s. Having completed a Doctorate of Philosophy in Religious Studies in 2003, her particular focus and interest has been the process by which a person works towards an expanded spiritual realization—or emancipation from three-dimensional consciousness, and begins to live as a soul. This focus has generated the publication of the book, *The Emancipated Person*, and caused an unbelievable acceleration in the living of her life. She is Program Director for the Sancta Sophia Seminary Graduate Program, which gives her ample opportunity to observe that same acceleration in other students' lives.



**Risa D'Angeles**, esotericist, astrologer, writer, therapist, Montessori directress and parent, is founder and director of the Esoteric and Astrological Studies and Research Institute, a contemporary Wisdom school in the Ancient Mystery tradition, established for the study and application of the Alice Bailey/Tibetan's Ageless Wisdom teachings, founded upon the study, understanding, and application of astrology. The Institute is based in Santa Cruz, CA. Education: Immaculate Heart College, Hollywood, CA: art studies with serigraphist Sister Corita Kent; BA and post graduate Education degrees, University of California, Santa Cruz; Women's Studies, Psychology and Teaching; Masters Degree in Educational and Counseling Psychology.



**Visudha de los Santos** is a ceremonial leader, artist and healer who guides personal growth and a deepening of connection to spirit through movement, sound classes and workshops. Visudha weaves her 20 years of professional and academic background in community development and expressive arts, along with her work in energy healing modalities which include Yoga, Reiki and Gabrielle Roth's 5Rhythms™, to facilitate personal transformation. She is devoted to the bigger love and the bigger dance of life for herself and all that surround her. Through her devotion she inspires others to shine, to love more, and to live life to the fullest, as a celebration and a dance.



**Debbie Dise** has been a student of the Ancient Wisdom Teachings for the past 30 years and was Practitioned with LCCC in 1982. Debbie became involved in the growing Health and Wellness movement in the '80's. She was licensed in New Mexico as a Midwife in 1984, cofounded a birthing and teaching center, and served as Vice President of the New Mexico Midwives Assoc. She continued her education in the Healing Arts field and was certified as a Neuromuscular and Lymphatic Massage Therapist, Reflexologist, Quantum Touch Therapist and Colon Hydrotherapist via I-ACT (International Association of Colon Therapy).





**Rev. Jesse Garnee** is a spiritual healer; Reiki Master; Certified Edgar Cayce Massage Therapist; Polarity Therapist; Colonic Therapist certified with Dotolo Research Institute and Florida State; and a National and International Polarity workshop leader. He has a life-long study in food, nutrition and health. He was ordained 1989 through Light of Christ Community Church. In addition to being a faculty member of Sancta Sophia, Jesse has worked with intuitive development studies including platform work, 'sharing gifts of the spirit,' with Carol E. Parrish. Rev. Garnee brings an extensive theatrical background to his presentation workshops and classes, contributing to them as both informative and full of dynamic vitality.

**Russell Gillette, LPC, LADC, ESII**, has worked both as an administrator and a therapist in substance abuse, eating disorders, co-occurring disorders, and co-dependency. He was previously the program director for the Residential Adolescent Substance Abuse/Co-occurring Program at the Tulsa Boy's Home where he helped implement equine-assisted psychotherapy. He received his bachelor's degree in Psychology from Langston University and his Master's degree in Human Relations from the University of Oklahoma. He is also a Licensed Professional Counselor (LPC), a Licensed Alcohol and Drug Counselor (LADC), and is an Equine Specialist II. Russell currently serves on the Board of Trustees for Light of Christ Community Church. He and his wife, Juliann, have been married for ten years and reside in Sparrow Hawk Village.



**Annie Guzman, RN**, has been a registered nurse for 30 years, working with psychiatric patients, chemically dependent persons, high risk students, and the elderly. She fell in love with energy medicine 10 years ago as a deeper way of responding to the needs of the client, pursuing various modalities which included Reiki, Healing Touch, Aromatherapy, and more. Experiencing Jin Shin Tara and teaching the Tara Approach was like a lightening bolt of truth for her own personal journey. Annie wants to share this modality and the hope it brings with anyone who is ready to be supported in resolving shock and trauma and the resulting physical manifestations of illness or somatic concerns.

**Alexis Harvey, DC**, has been studying astrology and esotericism for 20 years. She is the main researcher and a teacher on the Esoteric and Astrological Institute's faculty and an astrological consultant specializing in medical astrology, personal and family relationships, and business partnerships, timing and strategies. Alexis has a BA from UC Berkeley in Psychology and Social Welfare, and Doctor of Chiropractic degree, Palmer West College.

**Rev. Katie Ann Hillelson**, a student and teacher of metaphysics and the Ancient Wisdom for over 40 years, especially loves sharing her passion for symbology, color, and sound. At the time of her ordination at LCCC in 1990, she was a resident of Sparrow Hawk Village, where she shared her skills and talents. After a career in Interior Design, her spiritual path lead her into becoming a Second Degree Reiki Master, Numerologist, Life Coach, Spiritual Counselor, and doing Kirlian Photography and Flower of Enlightenment readings. Currently residing in the Dallas, Texas area, she holds a charter with LCCC, teaches classes and mentors private students.



**Rev. Maryphyllis Horn, M.Ed.**, Shaman, and Certified Therapist, was ordained by Light of Christ Community Church in 1995. She has been doing spiritual counseling and past-life regressions since 1985, and shamanic work since 1994. For the past 16 years she has been teaching shamanic journeying as part of a full-time private practice of shamanic and spiritual counseling and healing. Some of her work came from other humans, while much has been transformed or channeled to her by her spirit teachers.

**Charlotte Hullinger, LPC**, is a licensed professional counselor in Ohio and has worked both in private practice and for the City of Cincinnati for in their Employee Assistance Program (EAP). She established the Cincinnati Center for Soul Psychology (chartered by LCCC), where she taught classes, conducted workshops, and lead various dream groups.

After the death of her daughter, all her energies were devoted to establishing Parents of Murdered Children (POMC). She continued her training with Dr. Elisabeth Kubler-Ross, and for many years Charlotte has been a part of Counseling Week. Currently, she is pursuing her interests in Jungian psychology.



**Roseanne Hutchinson** is the owner of Bright Eyes, and teaches group and private natural eyesight improvement classes. Since childhood, she has been passionate about health, nutrition and non-allopathic methods of healing. She teaches Natural Eyesight Improvement classes in group and private settings. Roseanne delights in helping people eliminate glasses and contacts by using games and activities that are simple and fun to incorporate into busy lifestyles. She has been a Practitioner of Light of Christ Community Church since 2009.

**Rev. Katherine James Klemstine, D. Min.**, is a minister of Light of Christ Community Church and a doctoral graduate of Sancta Sophia Seminary. She is a Chaplain and Coordinator of Chaplain Services for Hospice of the Chesapeake in Annapolis, Maryland. Katherine has been involved with hospice since 1995, initially as a volunteer and then as a chaplain serving hospice patients and their caregivers. In addition to her administrative responsibilities and providing spiritual care to hospice patients, she provides in-service workshops to hospice spiritual, clinical, and volunteer staff members.





**Linda McCoy Summer** began studying energy medicine in 1991 and became a “Touch for Health Kinesiology” instructor. In 1992 she worked with inner instructors for a two year period that resulted in her development of INNER-gy Touch which combines hands-on-healing with spiritual/emotional healing. In 1993 she trained with Dr. Bill Baldwin in Spirit Releasement Therapy. She has been a Practitioner with LCCC since 1998, Pastoral Counseling 1997, and Instructor of Meditation 1998. In 2006 she became a certified Quantum-Touch™ practitioner and instructor. Linda and her twin sister co-authored their spiritual biography, **The Living Code** - their spiritual journey of awakening. She also works with the diffusion of the Trigueirinho material in the US.

**Scherrill McNuff** became a licensed midwife in the State of Alaska after moving there as a young teen with her family. She continues catching babies as a Direct Entry Midwife in Oklahoma since moving there in 1993, operating a Birthing Center under the name, New Life Services.



While living in Alaska, Scherrill was trained in the practice of colon hydrotherapy, adding this healing modality to her professional resume. Scherrill has been certified in rain-drop therapy, reflexology, colon-hydrotherapy via I-ACT (a nationally recognized association of colon-hydrotherapists) and will join the team at Colon Care Center of Oklahoma, opening in Tulsa in early 2011. She hopes to continue her studies in Naturopathic Medicine.



**Donna Mitchell-Moniak** is a renowned speaker and spiritual teacher. Her driving passion is to cultivate the Teachings like a gardener. “We cannot improve on Mother Nature nor on the adamantine offerings of the sages down through history. Thus we must cultivate ourselves as the rich soil for the seeds of the sages. My work is simple: encourage and challenge people to live ‘radical engagement’ as the Path to Enlightenment. To that end, Spirit Fire Meditative Retreat Center was founded with its School of Meditation and Living Awareness.” Currently, five resident students participate in spiritual practice and the administration of the school which offers numerous retreats, courses, and meditations created by the gifted faculty.

**Rev. Carol Parrish, Ph.D.**, Founder and Dean Emeritus of Sancta Sophia Seminary, enjoys sharing esoteric thought and guiding others to experience new dimensions of well-being. Her spiritual work began with a near-death experience, and she has shared her life expression guided from within. Long recognized as an inspired and visionary spiritual leader, Carol has stimulated many people to rejoice in their oneness with God. Many find hope in her lucid explanations of how certain fundamental truths, which underlie all major religions, can guide us in these changing times. Carol is the author of numerous books and ebooks, and she continues to write and teach about the Divine Feminine, expanding consciousness, and other topics that inspire others.



**Jennifer Pryse** lives in Oklahoma City with her spouse JA, and their four beloved pets. She is currently earning a master’s degree in Counseling Psychology. She loves to study astrology and the esoteric teachings. She also reads tarot and studies under Rev. Carol Parrish-Harra. Her goal is to incorporate her spiritual knowledge and gifts with her counseling license to one day run a holistic healing center. Her special interests lie in the incorporation of the Goddess in healing the soul wounds of women, creating sacred space, and in death and dying work.

**Resource Group** for the October retreat is composed of the Figueira outreach and translation volunteers for North America.

**Rev. Rachael Salley** is an English medium who holds a degree in religion and social subjects. For almost forty years she has traveled much of the planet in service of the Spirit with Love. For six years Rachael ran a retreat for teaching and healing called Grailhaven, near Glastonbury, England. Initially Rachael was ordained with the Welsh Christian Spiritualist church in the UK. Later ordained by sanction in USA with the United Metaphysical Church in Roanoke VA, her work has taken her all over the USA serving churches, organizations and conferences. Rachael’s gifts of clairvoyance, clairaudience and mental mediumship combine to create an exceptionally talented reader, teacher and intuitive. She is sincerely committed to assisting all her students.



**Dr. Thomas (Tom) Simota, III, MS**, ordained through LCCC in 2001, served as a Board of Trustees member for 10 years and now participates regularly in Sunday services at Light of Christ Community Church. He resides in NW Arkansas, where his ministry focuses on Intuitive Guidance, Spiritual Healing, Anointing with Essential Oils, Rituals and both Traditional and Aquarian Sacraments. He has a passion for writing liturgies and rituals and recently developed an “Aquarian Mass,” that highlights the Holy Eucharist (Communion) at the heart of our Divine Beingness. Tom has also been a member of the Traditional Martinist Order and Rosicrucian Order A.M.O.R.C. for numerous years and serves as the Rosicrucian Grand Councilor for the state of Arkansas. Tom earned his Master’s Degree in Education in 1991 from the University of Wisconsin – Stout.

**Rev. Anne Smith** was ordained by Light of Christ Community Church in 1987. Her first vocation was teaching and directing four Montessori schools, one in Tahlequah, OK. She now is focusing on adults, especially helping women discover the Divine Feminine within. Anne and her husband Harry lived near Sparrow Hawk Village for ten years in the 80’s and 90’s, before his passing in 2007. Her primary home now is on the coast of Maine, also living part time in California.



Anne found great joy in studying the book, **Goddesses in Everywoman**, by Jean Shinoda Bolen. This started her love for the Divine Feminine, which she has nurtured over the years.



**Linda Elaine Smith, MA, BCRN, LCSW, BPC/DA, HTCP/I** is a Certified Healing Touch Practitioner and Instructor with over 30 years of experience in nursing. She is working toward a Doctorate in Holistic Wellness at Sancta Sophia Seminary. She is a board certified Psychiatric/Mental Health Nurse, a Board Certified Professional Counselor, certified Hypnotherapist, and she has a license in Clinical Social Work. Her diversified background includes teaching in a Hospital and University setting. She has a Private Integrative Practice and provides Counseling from a Holistic perspective; Hypnotherapy; and Healing Touch. Linda brings a sensitive and nurturing approach to her clients and students. She teaches Introduction through Level 2 for the Healing Touch Program.

**Rev. Margaret Stephens, MA**, lived in Sparrow Hawk Village for 12 years, where she served on the Board of Governors, and as an advisor in the Undergraduate and Graduate Programs. In 2009 she responded to an inner call and relocated to North Carolina. She has reactivated her LCCC endorsed charter, The Community Center for Self-Unfoldment, which is an approved Sophia School of Wisdom. She continues to advise seminary students and to teach classes on campus as well as at her wisdom center in Asheville. Margaret's humor, curiosity, and intuitive insights set the tone for dynamic learning in her classes. Her areas of expertise include esoteric psychology (rays and the evolution of the soul from psyche to Sophia); training of the initiate (levels of consciousness and learning how to work well with the basic self on the path of initiation); a practical understanding of the 5 stages of meditation; Agni Yoga; and her special love: numerology.



**Carole Stephenson-Snell, M.A.** and LCCC Practitioner, is a life-time seeker who finally discovered the Path of Qabalah after retiring from teaching, and from a corporate career. Pursuing Ageless Wisdom, she became a student of the Builders Of The Adytum Mystery School and made spiritual pilgrimages to England, Scotland, Wales, Rennes-le-Château in Southern France, and twice to both the New Mexico wilderness and to India. She co-founded Naveh haMarah Sanctuary, a Temple of the Western Mysteries, where she teaches Qabalah. Carole has written an esoteric novel, *The Friar's Cell: Anthology of Spirit*, and *The Mystic In Training: How to Become One* (unpublished), which steps down the abstract Ageless Wisdom of Qabalah into real-life practices for Intentional Transformation.



**Rev. Mark Throckmorton** received his Masters of Divinity from San Francisco Theological Seminary in 2001, and has served two congregations as interim pastor. Before recently moving to Sparrow Hawk Village, he served as Executive Director of Manalive-Sacramento, Inc., facilitating a domestic violence prevention program for men in Northern California. In addition to Moore and Gillette, Mark's workshop will draw on his studies of archetypes with Robert Bly. His teaching also uses unpublished work by John Donovan, Mark's colleague in a highly effective recidivism reduction program in the Sacramento County jails.



**Rev. Sue Van Dyke, M.A., RN, LPC** is a licensed professional counselor and has worked in the public school system for almost 30 years as a teacher and counselor. She has also worked in the hospital setting as a registered nurse specializing in neurotrauma. Ordained by Light of Christ Community Church in 2009, she attempts to blend her love for experiential learning and a sense of humor into the classroom setting. Sue is currently serving on the Sancta Sophia Seminary Board of Governors.



**Rev. Helen Weiser, Ed.S.** is a Licensed Psychologist, a Certified Advanced Substance Abuse Counselor, and an Ordained Minister through LCCC. She is also a Certified Imago Relationship Therapist. Helen has a wide range of experience in the mental health field. She has taught psychology at the University of Missouri and designed a substance abuse training curriculum for Pioneer College. In her ten years experience with the Renaissance West substance abuse program, she provided individual, group and family therapy, later becoming Clinical Director, and finally, Executive Director of that program. She began her private practice, Midtown Psychological Services, eleven years ago, and this practice now contracts with over 40 providers in the Kansas City area.



**Rev. Roberta L. Wilkes, J.D.** is a lawyer and musician who divides her time between her law practice in Kansas and her life in Sparrow Hawk Village. She is admitted to the bar in both Kansas and Oklahoma. She is the Co-Minister of Music at Light of Christ Community Church, where she was ordained in 2004. She officiates at weddings in Kansas, Missouri and Oklahoma on a regular basis. Roberta has been interested in the theory of music for many years and now focuses on how music affects consciousness and the mental body. Her instrument is piano. In 2010 she recorded, *Gypsy Soul* - a CD of classical pieces, including four of her own composition, two of which are directly related to consciousness.



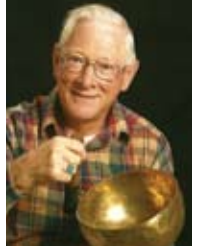
**ben Worth** is the founder and director of The American Buddhist Center in Kansas City, Missouri, where he leads weekly services, facilitates classes, and offers individual guidance. He has led over fifty retreats in Kansas, Missouri and Arkansas, and has also delivered the Sunday message at churches across the region. His unique teaching combines humor, science and Buddhist and Christian philosophy. He is dedicated to creating pragmatic techniques for healing emotional wounds, learning from difficult situations and finding peace. Those who have inspired him include Krishnamurti, Ken Wilbur, David Hawkins, Gangaji and Genpo Roshi. He has attended retreats led by Tich Nhat Hahn, Joseph Goldstein, Matthew Flickstein and Mary Orr.





**Rev. Katherine Zakutansky, BSBA, RMT**, is a registered Reiki Master Teacher with the International Association of Reiki Professionals (IARP) and an Esoteric Energy Healer. She studied Medical Technology, earned a degree in Business Administration and does consulting work in the Financial and Information Systems fields. Her study of energy healing and dynamic energetic links between body, mind and spirit has made her passionate about the use of energy and intuition as transformative tools. In her private practice, Katherine employs a variety of modalities, and her unique blend of scientific, practical, energetic and intuitive skills provides a solid base to assist others in strengthening their "individual energetic empowerment." She was ordained through Light of Christ Community Church and is currently serving on the Board of Trustees.

**Ken Zeyher** began his studies at Sancta Sophia Seminary, and was ordained in 1990. Coming across a Tibetan "singing" bowl in the gift shop, he began using it to open and close meditations. After living and working at Sparrow Hawk Village for two years, Ken and his wife moved back to Wisconsin where he began using the bowls to balance the electro magnetic field (the auric field) to promote relaxation and relieve stress. After producing a guided meditation CD using Tibetan bowls, Ken now leads a weekly meditation group and travels throughout Wisconsin demonstrating and selling Tibetan bowls and other meditation aids.



Sophia's Nest  
Bookstore  
&  
Coffee Shop

---

Notes