

Give Yourself a Special Treat – Plan on visiting Sparrow Hawk Village for Skills Day

Question: What happens on Skills Day?

Answer: The Saturday activities begin at 10:00 am with an exciting message service in the beautiful chapel of Light of Christ Community Church. Rev. Carol E. Parrish and two or three others with special skill in public readings offer members of the audience brief intuitive messages.

From 11:15 a.m. to around 4:00 p.m., varieties of reading and healing modalities are available for the public to sample and enjoy in Fellowship Hall and the Wellness Center.

Question: What is a message service?

Answer: Beginning with a brief talk about using intuition to glean information from our Higher Self, this service celebrates God-given abilities we each possess. As the familiar hymn that we often sing says, “open my eyes that I might see,” Sancta Sophia students learn techniques for quieting the ego and attuning to flashes of information offered by the inner self. These fun and informative platform readings give glimpses of higher insight that each person receiving a message can interpret as he or she wishes.

Question: What kinds of readings and healing modalities are available for the public to sample and enjoy in Fellowship Hall and the Wellness Center during the rest of the day?

Answer: The types of attunements vary from one Skills Day to another. There are usually Shustah readers who use a deck of specifically designed spiritual symbols to stimulate intuitive senses. Some workers share their skills using Runes, Numerology, Medicine cards, or other tools during the 15-minute private appointments.

Sessions in the Wellness Center are 30 minutes long, and workers offer Reiki, Esoteric Healing, and Healing Touch in a calm and relaxing atmosphere.

Question: Are Sancta Sophia students the skilled workers on these Saturdays?

Answer: For the most part, yes, they are. Students in the Foundations of Spirituality program are asked to participate in three Skills Days. Those continuing in the Teacher of Esoteric Philosophy or Ordination Programs are requested to take part in three additional Skills Days.

Additionally, some residents of Sparrow Hawk Village use these opportunities to offer their intuitive skills to the public.

Question: Is food available on these Saturdays?

Answer: Yes, a “build your own sandwich” lunch buffet with drink, cookies, fruit, and chips is offered in Fellowship Hall for \$4.00.

Question: What is the fee for the fun and insightful appointments offered on Skills Day?

Answer: The message service that begins each of these special Saturdays is a \$4 donation at the door.

Each 15-minute attunement is \$8, and 30-minute sessions in the Wellness Center are \$16 each.

All proceeds of every Skills Day go to the Sancta Sophia Scholarship Fund, assisting students who require some help paying their course fees.

Question: If I come to Tahlequah for the weekend, is housing available in Sparrow Hawk Village?

Answer: Generally there are some rooms to rent in village homes and the new Villa for \$35 a night per person. However, since Skills Days are often sandwiched between class weeks, availability depends on the number of students occupying the accommodations during that time. Another option is staying in the town of Tahlequah, a pleasant 20-minute drive from the village, which offers several nice motels with reasonable rates.

Question: How can I get more information about Skills Days and other activities such as workshops and presentations offered on campus?

Answer: Visit the website: www.sanctasophia.org, and click on the Summer or Fall Class Schedules to view details for an upcoming Skills Day, or call 800 386-7161, or email information@sanctasophia.org to ask questions and get answers.